

Swimming

Birdland Pool
Des Moines, IA

July 30—August 2, 2014



The largest national multi-sport event for youth in the United States is coming to Des Moines, IA this summer!



ENTRY FEE: \$45 per athlete

Allows athlete to swim up to 10 events

Must be an AAU Member: \$14

ENTRY DEADLINE: July 13, 2014

AGE DIVISIONS:

8 & Under, 10 & Under, 11-12, 13-14, 15-18 (Boys & Girls)

QUALIFICATIONS:

First, second and third place finishers in AAU District Championship Meets in individual events under 400M, will qualify. In addition, swimmers who meet or beat the USA Swimming long course "A" minimum time standard for all 200M, 400M, and 1500M events and "BB" time standards for events under 200M are eligible to compete. Qualification for the 400M and 1500M is time only.

Qualified swimmer may swim in bonus events, as approved, for 50M, 100M, and 200M events. For every qualified event, a swimmer may enter 2 bonus events.

Visit the web site for complete details on qualifications, eligibility and rules.

**For Online Registration & General Information,
Visit: www.aaujrogames.org or **CLICK HERE****

This event is sanctioned by the AAU. All participants must be AAU members. Visit www.aaujrogames.org to join.