AAU Southeastern District Qualifier Meet

Saturday June 11, 2016 Montgomery, Alabama



<u>Revised Schedule</u> for Date: Saturday, June 11, 2016 Location : Park Crossing High School, 8000 Park Crossing, Montgomery, and Alabama 36117 Limited stadium seating. Please bring your folding traveling chairs, tarps and tents.

Host: YMCA of Greater Montgomery "Dream Team" Track and Field Club

Entry Deadline : Saturday , June 4, 2016 – 11:31pm

Fee:

\$18.00 per Athlete, Gate admission \$ 5.00 per spectator

An individual athlete who is unattached may compete in the Southeastern District Qualifying meet, however he/she must purchase an AAU membership prior to meet registration.

Central Time: Start Time Saturday – 7:05am

Online Registration: www.coacho.com

Coaches and Parents, in the interest of time and resources please note this is a one day meet. All running, relays, and walking events will be timed finals and three attempts in throwing and jumping.

CLASSIFICATION S and AGE DETERMINATION:

The

athlete's year of birth shall determine the age division in which he/she will compete for individual events.

AGE GROUPS 2016/Individual events:
8 &UG - 8 and under (2007 & after) * 8 & UB - 8 and under (2008 & After
9G - 9 years old (2006) * 9B - 9 years old (2007)
10G - 10 years old (2005) * 10B - 10 years old (2006)
11G - 11 years old (2004) * 11B - 11 years old (2005)
12G - 12 years old (2003) * 12B - 12 years old (2004)
13G – 13 years old (2002) * 13B – 13 years old (2003)
14G - 14 years old (2001) * 14B - 14 years old (2002)
15-16G - 15-16 years old (1999-2000) *15-16B -15-16 years old (2000-2001)
17-18G - 17-18 years old (1998-99) * 17-18B- 17-18 years old (1998-99)

Age Groups maybe combined with other divisions (example IB and YM). It is strongly suggested that athletes be ready to compete.

EXEMPT EVENTS: Multi-Events, Steeplechase, Javelin, and Pole Vault, are exempt from competing in the District Meet Each participant/athlete must register and pay to enter a District Qualifier regardless of participation and/or waiver in order to be advanced to the Regional Qualifier.

*Competitors should bring their own implements to be used at Meet.

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

Darryl Woods 334-265-0566 or 334-221-0687 dwoods@ymcamontgomery.org

YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED BELOW IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE.
Events for Saturday, June 11, 2016 Rolling * Schedule* Order of Field Events
* Clerking will be at Field Events Venue All Field events will be contested the best three attempts
Girls Long Jump: 7:55am (Pit 1) 17-18G, 15-16G, 14G, 13G, 12G, 11G, 10G,9G, 8&UGFinal
Boys Long Jump: 7:59am (Pit 2) 17-18B, 15-16B, 14B, 13B, 12B, 11B, 10B, 9B, 8&UBFinal
Boys and Girls Discus (1.0 kg) 11, 12, 13, 14, 15, 16) (Discus Boys17-18 1.6 kg)
Girls Discus: 10:01am - 17-18G, 15-16G, 14G, 13G, 12G, 11G Final
Boys Discus: Will start immediately at the end of Girls Discus 11B, 12B, 13B, 14B, 15-16B, 17-18BFinal
Girls High Jump: 8:56am 9B, 10B, 11B, 12B, 13B, 14B, 15-16B, and 17-18B Will start immediately at the end Girls High Jump
Boys High Jump: 9B, 10B, 11B, 12B, 13B, 14B, 15-16B, 17-18BFinal
Shot Put: 8-Under (4lbs.) 9, 10, 11, 12, (6 lbs.) 13&14 Girls (6 lbs.) - 13&14 Boys (4 kg) - 15-16 Girls (4 kg) -17-18 Boys (12 lbs.)
Boys Shot Put: 10:31am 8&UB, 9B, 10B, 11B, 12B, 13B, 14B, 15-16B, 17-18B Will start immediately at the end of the Boys Shot Put
Girls Shot Put: 8&UG, 9G, 10G, 11G, 12G, 13G, 14G, 15-16G, 17-18GFinal
Girls and Boys Triple Jump : Will starts 30 minutes at the end of the Long jump (Pit 1) Final –13G, 14G, 15-16G, 17-18G/13B, 14B, 15-16B, 17-18B Final
Turbo Javelin: 8:00am 8&UG, 8&UB ($_{300g}$) / ($_{400g}$) 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B Final
Rolling Schedule/Running Events — Clerking starts at 7:05am Meet starts at 7:29am
*Some distance races (example 3000m) possibly will be combined
*Some distance races (example 3000m) possibly will be combined 3000M Race-walk 13G, 13B, 14G, 14B,15-16G, 15-16B, 17-18G, 17-18BTimed Final
Some distance races (example 3000m) possibly will be combined 3000M Race-walk 13G, 13B, 14G, 14B,15-16G, 15-16B, 17-18G, 17-18BTimed Final 1500M Race-walk 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12BTimed Final
*Some distance races (example 3000m) possibly will be combined 3000M Race-walk 13G, 13B, 14G, 14B,15-16G, 15-16B, 17-18G, 17-18B
*Some distance races (example 3000m) possibly will be combined 3000M Race-walk 13G, 13B, 14G, 14B,15-16G, 15-16B, 17-18G, 17-18B
*Some distance races (example 3000m) possibly will be combined 3000M Race-walk 13G, 13B, 14G, 14B,15-16G, 15-16B, 17-18G, 17-18B
*Some distance races (example 3000m) possibly will be combined 3000M Race-walk 13G, 13B, 14G, 14B,15-16G, 15-16B, 17-18G, 17-18B
*Some distance races (example 3000m) possibly will be combined 3000M Race-walk 13G, 13B, 14G, 14B,15-16G, 15-16B, 17-18G, 17-18B
*Some distance races (example 3000m) possibly will be combined 3000M Race-walk 13G, 13B, 14G, 14B,15-16G, 15-16B, 17-18G, 17-18B
*Some distance races (example 3000m) possibly will be combined 3000M Race-walk 13G, 13B, 14G, 14B,15-16G, 15-16B, 17-18G, 17-18B
Some distance races (example 3000m) possibly will be combined 3000M Race-walk 13G, 13B, 14G, 14B,15-16G, 15-16B, 17-18G, 17-18B 1500M Race-walk 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B. 3000M * 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B NEW RULE: All of the IG, IB, YW, and YM are required to use starting blocks for races of 400m and less. 400mH (10-30" Girls) 15-16G, 17-18G (10-36" Boys) 15-16B, 17B. Timed Final 200m(5- 30") 13G, 13B, 14G, 14B 200m(5- 30") 13G, 13B, 14G, 14B. 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B. 200m(5- 30") 13G, 13B, 14G, 10B, 11G, 11B, 12G, 12B,13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B. 200M * 8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B,13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B. 200M * 0.0000 * 0.0000 * 0.00000 * 0.00000000
Some distance races (example 3000m) possibly will be combined 3000M Race-walk 13G, 13B, 14G, 14B,15-16G, 15-16B, 17-18G, 17-18B 1500M Race-walk 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B. 3000M * 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B NEW RULE: All of the IG, IB, YW, and YM are required to use starting blocks for races of 400m and less. 400mH (10-30" Girls) 15-16G, 17-18G (10-36" Boys) 15-16B, 17B. Timed Final 200m(5- 30") 13G, 13B, 14G, 14B 200m (5- 30") 13G, 13B, 14G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B 200m (5- 30") 13G, 13B, 14G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B 200M 8 &UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B 200M * 8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B 200M * 10-30" Girls 13G, 14G) 100H (10-33" Boys 13B, 14B) / (10-30" Girls 13G, 14G) (10-30" Girls 15-16G, 17-18G)
Some distance races (example 3000m) possibly will be combined 3000M Race-walk 13G, 13B, 14G, 14B,15-16G, 15-16B, 17-18G, 17-18B 1500M Race-walk 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B 3000M * 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B NEW RULE: All of the IG, IB, YW, and YM are required to use starting blocks for races of 400m and less. 400mH (10-30" Girls) 15-16G, 17-18G (10-36" Boys) 15-16B, 17B. Timed Final 200m(5- 30") 13G, 13B, 14G, 14B 200m(5- 30") 13G, 13B, 14G, 10B, 11G, 11B, 12G, 12B,13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B 200m * 8&UG,8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B,13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B 200m * 8&UG,8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B,13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B 200m * 11G, 11B, 12G, 12B 200m * 11G, 11B, 12G, 12B </td
*Some distance races (example 3000m) possibly will be combined 3000M Race-walk 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B
Some distance races (example 3000m) possibly will be combined 3000M Race-walk 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B 1500M Race-walk 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B 3000M * 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B 3000M * 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B NEW RULE: All of the IG, IB, YW, and YM are required to use starting blocks for races of 400m and less. 400mH (10-30° Girls) 15-16G, 17-18G (10-36° Boys) 15-16B, 17B 200m(5- 30°) 13G, 13B, 14G, 14B 200m(5- 30°) 13G, 13B, 14G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B 200M * 8&UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B 200H (10-30° Girls 13G, 14G) 100H (10-30° Girls 13G, 14G) 100H (10-30° Girls 13G, 14G) 100H (10-33° Boys 13B, 14B) / (10-30° Girls 13G, 14G) 100M 8 &UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B 110H (10 - 39° Boys) 15-16B, 17-18B 1100H (10-30° Girls 13G, 14G) 100M 8 &UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B 100M 8 &UG, 8&UB, 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18B

4 X 400 Relay 9G, 9B, 10G, 10B, 11G, 11B, 12G, 12B, 13G, 13B, 14G, 14B, 15-16G, 15-16B, 17-18G, 17-18B Timed Final

QUALIFYING / ADVANCEMENT:

Athletes must compete in an AAU sanctioned District Qualifier in order to be eligible to compete in a National Qualifier meet. All athletes who have placed in the top 16 at a District Meet will be eligible to compete (only in the event(s) they qualified in). Relay teams entered must have competed at the District Level.

The AAU National Qualifier, will be held at Harden Valley Academy in Knoxville, TN. The multi-events are on Wednesday, June 29, and Thursday, June 30. The running events will be on Friday, July 1st, and Saturday July 2nd.

NATIONALS: The AAU Junior Olympic Games will be held July 29 through August 6, in Humble, TX. *Top six (6) athletes in

individual events, top five (5) field events and top four (4) relay teams and multi-event athletes at each Regional Qualifier Meet will

eligible to advance to the AAU National Junior Olympic Games.

SPORTS INFORMATION

CALL OF EVENTS: This meet will be contested on a Timed Schedule. There will only be two calls made: 1st call will be made at the time that check -in is opened for any particular event. Final Call will be made 15 minutes before the check-in closes.

**Athletes that are still 18 on August 6, 2016, the final day of the National Junior Olympics shall be eligible. There is no multi-even competition for the 8 & under Age Division.

ELIGIBILITY/AAU MEMBERSHIP

Competition is open to all boys and girls who have a valid/current AAU membership card. AAU membership may be obtained online at <u>www.aausports.org</u>. The AAU membership fee is not included in the AAU Area 9-A Regional Qualifier entry fee and must be obtained prior to participation in this meet.

AAU MEMBERSHIPS WILL NOT BE SOLD AT THE MEET!

PROOF OF AGE

Proof of age may be required at District, Regional Qualifier, and National Championship events and whenever required and/or challenged.

Acceptable forms of age verification include:

- 1. Original birth certificate
- 2. A notarized original birth certificate from the appropriate issuing authority
- 3. A US Military Government Identification Card
- 4. A valid (not expired) passport
- 5. A valid US driver's license

MEET ENTRY/REGISTRATION

Each athlete/team competing in this meet must complete the entry process on www.coacho.com .

Registration will close on Saturday, June 4, 2016 at 11:59 P.M. Central Standard Time.

All entries must be received before the deadline. THERE WILL BE NO EXCEPTIONS.

All registered athletes with a 2016 AAU card and wristband will be admitted free. Replacement bib numbers and armbands can be purchased for \$10.00 each and are available at the Registration Table/Tent.

ENTRY FEE: Entry fee is \$18.00 per individual athlete competing in Track & Field. All members of relay teams, including alternates, who have not entered an individual event, must pay the \$18.00 entry fee.

Relays: No additional charge for relays but be advised that entry into a relay even as an alternate counts as an individual event. Payments will only be accepted online at <u>www.coacho.com</u>. Entry Fee must be paid online at the time of registration.

ALL FEES ARE NON-REFUNDABLE AND NOT TRANSFERABLE.

PARKING/DIRECTIONS: There is no charge for parking in designated areas.

COACHES PASS

4-10 Athletes One (1) complimentary Coaches Credential per club

11-20 Athletes Two (2) complimentary Coaches Credentials per club

21-30 Athletes Three (3) complimentary Coaches Credentials per club

Over 30 Athletes* Four (4) complimentary Coaches Credentials per club

*Four (4) is the maximum number of complimentary Coaches Credential passes that will be issued to any given club. All coaches must be a current member of the AAU and must produce a current membership card to receive the complimentary pass. Coaches' passes will be distributed at packet pick up. If AAU memberships are not presented at this time, Credentials will be forfeited.

There are absolutely NO replacements for LOST or STOLEN Coaches Credentials.

PROTESTS: Protests concerning the status or eligibility of any competitor must be made to the AAU Youth Athletics Committee prior to the commencement of the meet, or the Referee during the meet. Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee and be filed at once, but in any case not more than 30 minutes after the result has been announced. Protests MUST be filed on an official protest form and presented to the Protest Table accompanied by a cash deposit of \$100.00. The Referee shall consider all available official evidence. When the Referee renders a decision, there is still the right of appeal to the Jury of Appeals. They jury's decision is final. If the protest is denied, the cash deposit will be forfeited.

THE JURY OF APPEALS WILL NOT ACCEPT PROTESTS CONCERNING JUDGMENT CALLS.

ATHLETESCOACHES, AND VENUEINFORMATION

TENTS: Tents will be allowed in the venue.

SHOWER & LOCKER ROOMS: There are no shower or locker room facilities available at the track and field venue. All competitors must come to the track dressed and ready to compete.

RESTROOM FACILITIES: Restroom facilities will be available at the track and field venue.

BIB NUMBERS: Competitor bib numbers will be issued at athlete check-in. All athletes will be required to wear their bib numbers on the front of their competition singlet at all times of competition. There is a ten-dollar (\$10.00) replacement fee for lost bib numbers. Replacement bib numbers can be purchased at the Registration Table/Tent.

ARM BANDS: Arm bands will be issued at athlete check-in. All athletes will be required to wear their arm band at all times of competition. There is a ten-dollar (\$10.00) replacement fee for lost arm bands. Replacement arm bands can be purchased at the Registration Table/Tent.

HIP NUMBERS: Hip numbers will be issued at clerk of the course and will be required for all running event competitors during their event. The clerk or course will indicate which side and location to wear the hip numbers at check-in time.

IMPLEMENTS: Athletes are responsible for their own implements for use during competition. However, personal implements must be checked in prior to competition. Implement check-in will occur near the field event area.

ATHLETE WARM-UP: There are warm-up areas adjacent to the track. The track will be open one hour prior to the first running event.

ATHLETE CHECK-IN: Listen to the announcements. It is the athletes' responsibility to listen to the calls for running and field events and report on the first call for their age division. Any athlete that does not check-in before their scheduled heat is run or their flight starts, will be scratched from the event. Field event athletes should report directly to the field event venue. Track event athletes should report to the clerking area.

RELAY EVENTS: There is no additional entry fee for relay events as long as the following criteria are met:

1) All competitors as well as alternates have paid the individual entry fee of \$18.00.

- 2) The relay team represents a current 2016 AAU registered club.
- 3) All competitors must have current/valid AAU membership registration cards.

Athletes listed as relay alternates (up to 4) will have that relay count towards their event limitation.

FIELD EVENT RULES: Each competitor will have a total of three (3) attempts for throws and horizontal jumps. There are no prelims and finals in field events. Athletes who must leave for another event must check-out with the Field Event Official. These athletes may also request to take attempts in succession. In vertical jumps, within a division, once the bar moves up, it will not move down for any reason. If excused during a round, the athlete must return prior to the conclusion of that

round or forfeit remaining attempts. Field event athletes will have 10 minutes to report back to their field event after their running event and must report back and be ready to compete.

AWARDS: First through third place finishers will receive AAU medals. Each team should delegate one representative to pick up their medals. There will be two credentials given to each team for awards pick up. No one other than the credentialed representative will be allowed to pick up awards. Parents will not be allowed to pick up awards for their individual children, unless the child is running unattached. It is the responsibility of the head COACH to have awards before leaving the meet. Medals will NOT be mailed to the athlete, coach, or parent.

FOOD/DRINKS/COOLERS: There will be concessions available.

Team/Athlete coolers will be allowed. All coolers, bags, backpacks, and duffel bags are subject to inspection by security.

NO GLASS CONTAINERS ARE PERMITTED

EVENT SCHEDULES: The Final Meet Schedule will be posted after entries close. The event order will not change, but start times may differ according to number of entries. Age groups of like sex may be combined in distance races/walks, which have minimal participation.

INCLEMENT WEATHER: The Meet Director has the option of delaying or temporarily halting the meet in the event of inclement or bad weather and resume when weather permits. The format of the meet may be adjusted after weather delays, if deemed appropriate by the Meet Director and the Games Committee.

MEDICAL: Emergency medical personnel will be on call. Ice and water will be provided for injuries only. Athletic Trainers are only available in case of injury.

FLUIDS: Meet management will do its best to try and provide water in certain competition areas. It is strongly encouraged that athletes, teams, coaches and parents have water with them.

WEATHER: The average high temperature in Montgomery during the month of June is in the mid to high 80s and 90s so BE PREPARED because it will be VERY HOT.

SPECIAL NOTE:

- 1) Some distance races may be combined due to the number of participants.
- 2) 15-16 & 17-18 age MUST use starting blocks.

You are hereby notified that the meet schedule outlined is tentative and subject to change without prior written notice. A revised meet schedule will be available upon check-in.