2015 "NO EGO" TRACK MEET hosted by FLIGHT INTERNATIONAL TRACK CLUB

DATE: May 16, 2015

LOCATION:

McNeil High School 5720 McNeil Drive Austin, Texas 78729 go) gr

COMPETING AGE DIVISIONS:

8 Years Old & Under - 2007 & after

9 Years Old - 2006

10 Years Old - 2005

11 Years Old - 2004

12 Years Old - 2003

13 Years Old - 2002

14 Years Old - 2001

15-16 Years Old - 1999-2000

17-18 Years Old - 1997-1998



ENTRY RULES:

Athlete and/or club participants must obtain a current AAU membership before competition begins and have paid all entry fees.

AAU Cards can be obtained by logging in and registering at www.aausports.org

ADMISSION FEE:

\$5:00 per athlete

\$5:00 per spectator

COVC COVC 4 coaches per team/working coaches are free. *AAU membership is not included in the admission price.

DIVISION GUIDELINES:

The Athlete division will be determined by their age as of December 31 of the current year. Birth Certificates will serve as proof of participants' age if required. Athletes must run in only one age division!

ALL FIELD EVENTS BEGIN 8:00 am and completed

by noon

RUNNING EVENTS BEGIN:

Distance Races - 8:00 am All Other Running Events -10:00 am on a rolling schedule This event is licensed by the Amateur Athletic Union of the U.S.,Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins.

BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.

Please allow at least 10 days for membership to be processed.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.