

**Carment Kiara Track Club
Invitational Meet
Rolling Start
8am Saturday, June 13, 2015
Nelson Field
Order of Events**

Field Events—8:00 a.m.

1. Shot	Bantam-Open
2. Discus	Midget & Up
3. Board jump	Primary 5 & under only
4. Long jump	Super primary- Open
5. Triple jump	Youth- Open
6. High jump	Bantam-Open
7. Javelin	Youth-Open

Running Events 10 a.m.

8. 4 x 200 Relay		Super primary-Open
9. 3200m. Run		Bantam-Open
10. Sprint Medley		Super primary-Open
11. 4x 800 Relay		Super primary-Open
12. 110m. Hurdles	10@39"	Inter. Boys/Young Men/Open Men
13. 100m. Hurdles	10@33"	Inter. Girls/Young Women/Open Women
14. 100m. Hurdles	10@33"	Youth Boys
15. 100m. Hurdles	10@30"	Youth Girls
16. 80m. Hurdles	8@ 30"	Midget Boys/Girls
17. 400m. Relay		Super primary-Open
18. 800m. Run		Super primary-Open
19. 50m. Dash		Primary only
20. 100m. Dash		Super primary-Open
21. 400m. Dash		Super primary-Open
22. 400m. Hurdles	10@36"	Interm. Boys/Young Men/Open Men
23. 400m. Hurdles	10@30"	Interm. Girls/Young Women/Open Women
24. 200m. Hurdles	5@30"	Youth Girls/Boys
25. 200m. Dash		Super primary-Open
26. 1600m. Run		Super primary-Open
27. 1600m. Relay		Super primary-Open

**For more information call Coach Carment Kiara (512)453-2728.
Medals will be given to the top 3 finishers in each event.**

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins.

BE PREPARED! Adult and Non Athlete memberships are no longer instant and cannot be applied for at event.

Please allow at least 10 days for membership to be processed.

Participants are encouraged to visit the AAU website www.ausports.org to obtain their membership.