



THE MANOR HAWKS TRACK CLUB PRESENTS
THE MANOR RELAYS

May 13, 2017
Manor Athletic Sports Complex
14832 FM 973
Manor, Texas 78653

Fee: Athletes -\$5 / Spectators -\$5

Time: Running Events Start at 8am (rolling schedule)

Awards: Medals will be given to 1st, 2nd, & 3rd Place finishers

4th – 8th place finishers will receive ribbons in 8 & under age group only

Host Team: Manor Hawks | manorhawkstrackclub@gmail.com | www.manorhawkstrackclub.com

Preregister @ CoachO.com

Fully Automated Time will be used for Races

All races are timed final

*******No One will be allowed on the field*******

2017 AGE DIVISIONS

8 & Under	2009 & After (Primary)
9 year old Boys/Girls	2008 (Sub-Bantam)
10 year old Boys/Girls	2007 (Bantam)
11 year old Boys/Girls	2006 (Sub-Midget)
12 year old Boys/Girls	2005 (Midget)
13 year old Boys/Girls	2004 (Sub-Youth)
14 year old Boys/Girls	2003 (Youth)
15&16 year old Boys/Girls	2001-2002 (Intermediate)
17&18 year old Boys/Girls	1999-2000 (Young Men/Women)

RUNNING EVENTS

3000m (11 & Up)
80m Hurdles 30" (Midget)
100m Hurdles (Youth Boys 33"/Girls 30)
100m Hurdles (Interm& Young Women 33")
110m Hurdles (Interm& Young Men 39")
4x100m Relay (All Divisions)
800m Run (All Divisions)
50m Dash (Munchkins 5yr & Under) **Non Scoring Event**
100m Dash (All Divisions)
4x200 Relay (Bantam & Up)
400m Dash (All Divisions)
400m Hurdles (Intermediate to Young Women 30"/Men 36")
200m Hurdles (Youth Girls/Boys 30")
200m Dash (All Divisions)
1500m Run (All Divisions)
4x400m Relay (Bantam & Up)

FIELD EVENTS

Due to construction around the Stadium, we will not be having Field Events.

Two Overall Champions will be Awarded Girls/Boys (Relays are double)

1st 10 points

2nd 8 points

3rd 6 points

4th 5 points

5th 4 points

6th 3 points

7th 2 points

8th 1 point

Team with the most points in the Girls Division will receive \$250 and a 1st place plaque

Team with the most points in the Boys Division will receive \$250 and a 1st place plaque

2nd place Girls Division \$125 and 2nd place plaque

2nd place Boys Division \$125 and 2nd place plaque

3rd place Girls Division \$50 and 3rd place plaque

3rd place Boys Division \$50 and 3rd place plaque

There is a three (3) event maximum for the 8 & under thru 12yr old divisions, and a four (4) event maximum for 13-18yr old divisions.

***Maximum includes relay, relay alternates, and field events**

***All relay team members must be affiliated with one team.**

Tents can be set up on the top rows of the bleachers. Tents on the bottom rows will be asked to be taken down.

FULL CONCESSION WILL BE AVAILABLE (Big D Famous Turkey Legs will be available)

This event is licensed by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.

Please allow up to 10 days for adult memberships to be processed.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.