





## 2015 AAU Western United States open Weightlifting & Single Lift Championships

Meet Director: Paul Gillott (928) 899-4223 psgillott@cableone.net

Venue: Captain Crossfit 420 6th St, Prescott AZ 86301

Date: Saturday 15th of Aug , 2015

Time: Saturday doors will open at 8 am, Rules brief at 9 am, competition starts at 10am

Weigh-in: Friday night 14 Aug 5-6:30 pm or Saturday 8:00 am - 9:00 am @ Captain Crossfit

Technical Meeting: 9:00 am Sat; Competition Starts at 10:00am.

This event is licensed by the Amateur Athletic Union of the US, inc.

TESTING: All athletes entered may be subject to drug testing per AAU policies and procedures.

This meet will be sanctioned for American records and will be the last chance to qualify for the world championships to be held 25th thru 27th September 2015 at the Rio Hotel in Las Vegas.

Federation Membership: AAU MEMBERSHIP IS REQUIRED. All cards must be purchased online prior to the event. AAU membership is not included as part of the entry fee to the event. Participants are encouraged to visit <a href="https://www.aausports.org">www.aausports.org</a> to obtain membership.

Important note: if you do not have an AAU card, purchase your card on the 15<sup>th</sup> of Aug. That way
your card will be valid for the world championships in September

Entry Fee: Unless prior arrangements are made, all fees should be paid by the <u>Deadline Date: Aug 2nd, 2015</u>
Entries received after the deadline will be subject to a \$10 late fee

Please Make all checks Payable to: Sara Gillott Send entries to: Sara 930 sunlit DR Prescott, AZ 86303







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Saturday 15<sup>th</sup> of Aug 2015 Captain Crossfit 420 6<sup>th</sup> ST Prescott, AZ 86301 Meet Director: Paul Gillott (928) 899-4223 psgillott@cableone.net

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CLE/	35 for Adults 30 for Students					930 SUNLIT DR PRESCOTT, ARIZONA 86303																
☐ CROSS OVER						\$ 10					ALL ENTRIES ARE DUE BY: AUG 1 <sup>ND</sup> 2015											
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