

NEW YORK METROPOLITAN AAU
ADULT FITNESS AND POWER LIFTING
PELUSO FITNESS

FEBRUARY 2 - AUGUST 31, 2015
WEST HEMPSTEAD, NY



GRADE DIVISIONS: 13U THROUGH ADULT

ENTRY FEE: VARIES

ENTRY DEADLINE: ONGOING

FORMAT: TRAIN WITH ONE OF THE TOP PHYSICAL FITNESS EXPERTS IN
NEW YORK

RULES: Training will follow current AAU Rules

ENTRY FEES PAYABLE TO: Peluso Fitness

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership.

FOR MORE INFORMATION:

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