



Feet on FIRE – Northeast Ohio Kickoff Meet
Ages 4-14
Saturday ... July 23, 2016

Brush High School
4875 Glenlyn Road, Lyndhurst, OH 44124

Gate opens @ 8:00AM

Order of Events:

Tot Races: ages 4-6 only	8:45 – 9:15
50 M Dash	
100 M Dash	
Field Events: ages 7-14	8:30 -10:00
Long Jump	... open pit (3) attempts
Shot Put	... open pit (3) attempts
Rolling Events: ages 7-14	10:00 – 4:00
80/100 Hurdles	
100 Dash	
1600 Run	
4x100 Relay	
400 Dash	
800 Run	
200 Dash	
4x400 Relay	

Spectator fee = \$3 (ages 5+)
Concessions available on site

This event is licensed by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership