

32nd Annual Lords of the Boards Autumn Classic

- MEET SITE Bridgewater Family YMCA
601 Garretson Road
Bridgewater, NJ 08807
- DATES November 22nd & 23rd
- TIMES Saturday: Warmups - 7:00AM-8:30PM. Meet start - 9:00AM
Sunday: Warmups - 7:00AM-8:30AM. Meet start - 9:00AM
- MEET
- DIRECTOR Lesley Woodruff, swanyriver13@aol.com
- FACILITY: The Bridgewater Family YMCA Pool features Two one meter and one three meter Model B boards on Durafirm stands. Pool depth - 13' 3"
- ELIGIBILITY: Open to all AAU registered athletes. Age groups are determined by the divers age on 12/31/14.
- ? This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
 - ? All participants must have a current AAU membership.
 - ? AAU membership may not be included as part of the entry fee to the event.
 - ? AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.
- AWARDS Individual: Appropriate awards for the top six place winners in each event. Team: Awards to the top three teams. Scoring for the team championship will be on a 9-7-6-5-4-3-2-1 basis.
- ENTRIES Enter the meet at www.Divemeets.com.
All entries are \$30.00 per event. All deck entries accepted with \$25.00 LATE FEE (one or more events). Signed waiver required.

Springboard Event Schedule

Saturday Nov 22nd : Warmups 7:00AM-8:30AM and meet starts at 9:00AM

| | | | |
|------|----------------|---|----------------|
| 1&2 | 9/u Boys 1M | & | 9/u Girls 3M |
| 3&4 | 10-11 Boys 1M | & | 10-11 Girls 3M |
| 5&6 | 12-13 Boys 1M | & | 12-13 Girls 3M |
| 7&8 | 14-15 Girls 3M | & | 16-18 Girls 1M |
| 9&10 | 14-15 Boys 3M | & | 16-18 Boys 1M |

Sunday Nov 23rd : Warmups 7:00AM-8:30AM and meet starts at 9:00AM

| | | | |
|-------|----------------|---|----------------|
| 11&12 | 9/u boys 3M | & | 9/u Girls 1M |
| 13&14 | 10-11 Boys 3M | & | 10-11 Girls 1M |
| 15&16 | 12-13 Boys 3M | & | 12-13 Girls 1M |
| 17&18 | 14-15 Girls 1M | & | 16-18 Girls 3M |
| 19&20 | 14-15 Boys 1M | & | 16-18 Boys 3M |

Please note that in Junior level events divers will do one less optional

| Girls & Boys 9/u | # Dives | Vols | Vols. DD | #Opts. |
|------------------|---------|------|----------|--------|
| 1M | 4 | 3 | 5.0 | 1 Opt |
| 3M | 4 | 3 | 5.4 | 1 Opt |

| Girls & Boys 10-11 | # Dives | Vols | Vols. DD | #Opts. |
|--------------------|---------|------|----------|---------------------|
| 1M | 5 | 3 | 5.0 | 2 Opt from 2 Groups |
| 3M | 5 | 3 | 5.4 | 2 Opt from 2 Groups |

| Girls 12-13 | # Dives | Vols | Vols. DD | #Opts. |
|-------------|---------|------|----------|---------------------|
| 1M | 6 | 4 | 7.2 | 2 Opt from 2 Groups |
| 3M | 6 | 4 | 7.6 | 2 Opt from 2 Groups |

| 12-13 B & 14-15 G | # Dives | Vols | Vols. DD | #Opts. |
|-------------------|---------|------|----------|---------------------|
| 1M | 7 | 5 | 9.0 | 2 Opt from 2 Groups |
| 3M | 7 | 5 | 9.5 | 2 Opt from 2 Groups |

| 14-15 Boys | # Dives | Vols | Vols. DD | #Opts. |
|------------|---------|------|----------|---------------------|
| 1M | 8 | 5 | 9.0 | 3 Opt from 3 Groups |
| 3M | 8 | 5 | 9.5 | 3 Opt from 3 Groups |

| Girls 16-18 | # Dives | Vols | Vols. DD | #Opts. |
|-------------|---------|------|----------|---------------------|
| 1M | 9 | 5 | 9.0 | 4 Opt from 4 Groups |
| 3M | 9 | 5 | 9.5 | 4 Opt from 4 Groups |

| Boys 16-18 | # Dives | Vols | Vols. DD | #Opts. |
|------------|---------|------|----------|---------------------|
| 1M | 10 | 5 | 9.0 | 5 Opt from 4 Groups |
| 3M | 10 | 5 | 9.5 | 5 Opt from 4 Groups |

Novice List Requirements

| Age Groups | One Meter | Three Meter |
|-------------|-------------------------|-------------------------|
| 9 and under | 100, any 2 dives | 001, 100 and 1 dive |
| 10-11 | 100, 200 2 req & 1 opt | 001, 100, 1 req & 1 opt |
| 12-13 | 100, 200 2 req & 2 opts | 001, 100, 2 req & 1 opt |
| 14-15 | 3 req & 2 opts | 001, 2 req & 2 opt |
| 16-18 | 3 req & 3 opts | 001, 2 req & 2 opt |

****Required dives are selected from 101, 201, 301, 401

100 (forward jump) may be used as a required dive on three meter

| | |
|------------|---|
| MEET RULES | Divers must have a coach on deck in order to participate in warmups or events. Novice events will be run concurrently with JO events in each age group. |
|------------|---|

*On all days One and Three Meter events will be run simultaneously. Cuts and any other adjustments, including combining events or changing the order of events will be made at the discretion of the Meet Director.

ACCOMMODATIONS

Bridgewater Marriott Hotel
Commons Way
Bridgewater, NJ 08807
1 mile from pool
For reservations please call 800-228-9290 or 908-927-9300*
Rooms are reserved until 11/7/14
under Group name "LOB Diving".
Room rate: \$109/nite .

*When making your reservation please identify yourself as part of the LOB Diving Room Block group staying at the Bridgewater Marriott, located at 700 Commons Way, Bridgewater, NJ 08807-2807.

DIRECTIONS TO THE BRIDGEWATER FAMILY YMCA BRIDGEWATER POOL

FROM THE SOUTH Take NJ Turnpike North to exit 10 (Rt 287 North). Follow Rt 287 North to exit 14B and exit to your left (Rt 22 West). Follow Rt 22 West about 1.5 miles and exit to your right onto Commons Way. *Continue on Commons Way to the end of the road (T intersection). Take left onto Garretson Road and follow about 3/10 of a mile. Bridgewater Family YMCA is on the right (Across the street from Bridgewater High School). FROM THE NORTH and POINTS EAST AND WEST From NY thruway, Rt 80 or 78 take Rt 287 South to Exit 17 (Princeton and Somerville, Rt 206 - 202) After taking exit 17 keep to the right and take the first right exit onto Commons Way. Take Right at light onto Commons Way. Then follow directions above at *.

PLEASE PRINT THIS WAIVER, COMPLETE, SIGN AND SUBMIT IT AT CHECK-IN

LOB Autumn Classic 2014 Registration Form

In signing below, I verify the events in which I am entered and that I am a registered amateur athlete according to the rules and regulations of the Amateur Athletic Union and that in consideration of your accepting this entry, I, intending to be legally-bound hereby for myself, my heirs, executors, and administrators, waive any and all rights I may have against the Amateur Athletic Union, the local Diving Committee, the Meet Sponsors, and my diving Club or Team, their agents, representatives, successors, or assignees for any and all injuries to me in, on, or at said meet and premises.

Name _____ Age _____ Birthdate _____

Club Affiliation _____ Coach _____

Address _____
street city state Zip

Phone Number (_____) _____ AAU# _____

Email Address _____ Year of school _____

Please indicate the events you are entering by writing the appropriate event number in the space provided.

JO Novice

One Meter _____

Three Meter _____

Please Sign below

Signature of Entrant

Signature of Parent