

AAU Track & Field
Southeastern District Qualifier
Hosted by Wings of Skill Youth Track Club
June 11, 2016
Thompson's Station, TN



DATE: June 11, 2016

LOCATION: Independence High School Track Site
1776 Declaration Way
Thompson's Station, TN 37179

HOST: Meet Director: James Johnson, 615-506-1298, jtjohnson28@gmail.com

ENTRY DEADLINE: June 5, 2016

FEE: \$20.00/athlete

AGE: 6- 18 (age as of 12/31/16)

TIME: Events will start at Independence High School by 7:30 am.

ELIGIBILITY

- Competition is open to all boys and girls who have a valid/current AAU registration card and currently reside in the Southeastern District AAU. For AAU Team and individual registration please visit the AAU web site at: [AAU Registration](http://aauathletics.org/Registration)

EVENTS LIMITS

- There is a three (3) event maximum for the 8-Under thru 12 year old divisions. There is a four (4) events maximum for 13-18 year old divisions. EVENT MAXIMUM includes RELAYS AND FIELDS EVENTS. Team members must be declared with alternates (up to 8 athletes total per relay team). AAU Age Divisions will be followed.
- To find which events are contested in each age group visit:
<http://aauathletics.org/Rules/RulesHandbook.aspx>

AWARDS AND QUALIFYING FOR REGIONAL MEET

- The **top 16** in each event advance to Regionals at Hardin Valley Academy, Knoxville, TN (June 29 – July 2nd 2016). The top 3 finishers in each event will receive medals. All "Multi-Events", Pole Vault and Steeplechase athletes will automatically advance to Regionals.

EVENT SCHEDULE

- The meet will run on a **rolling schedule** moving from youngest to oldest age groups; Girls first, then Boys to follow in each age group
- All races are section time finals - **NO PRELIMS**
- 4 jumps/throws for horizontal jumps/throws
- **Field events will start at 7:30 AM, Running events will start at 8 AM**

ORDER OF EVENTS:

Running Events

8:00 AM 3000m Run
200m Dash
800m Run
80m Hurdles
100m Hurdles
110m Hurdles
400m Dash
4X800m Relay
4X100m Relay
1500m RW
3000m RW
100m Dash
400m Hurdles
200m Hurdles
1500m Run
4X400m Relay

Field Events* (Implement Weigh-in @4:00PM Friday at Brentwood High.)

7:30 AM	Long Jump	Youngest (girls, then boys) to oldest(girls, then boys)
	Discus	13G/14G, 13B/14B,15/16G & 17/18G, 15/16B & 17/18B
	High Jump	13G/14G, 13B/14B,15/16G & 17/18G, 15/16B & 17/18B
	Shot Put	15/16G & 17/18G, 15/16B & 17/18B, 13G/14G, 13B/14B
	Triple Jump	13G/14G, 13B/14B,15/16G & 17/18G, 15/16B & 17/18B
	Turbo-Jav	8-Under(300g), 9 thru 12 (400g); all girls, then all boys
	Javelin	13-18; all girls (600g), then all boys(13/14-600g, 15-18-800g)

**Competitors should bring their own implements to be used at the meet.*

Concessions will be available. Only Coaches are allowed to bring food and drinks into the stadium for their Teams. **Spectators may not bring drinks or food into the stadium.**

Gate entry fee for non-athletes is \$5

This event is licensed by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership is NOT included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

FOR MORE INFORMATION:

James Johnson

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