Jim Ryun Season Opener Celebration 2015



Celebrate the Cross Country opener as 2015 marks the 51 Year Anniversary for Jim's Historic 3:59 HS Mile. Following is some of Jim's High school athletic achievements

In 1964 Ryun became the first high school runner to break four minutes for the mile, running 3:59.0 as a junior at East High School in Wichita, Kansas.

AAU division competition will be individual competition only.

AAU Age Division (Girls & Boys)	Race Distance	
6 and under	1000m (1K) - exhibition	
8-Under	2000m	(2K)
9 years – 10 years	3000m	(3K)
11 years – 12 years	3000m	(3K)
13 years – 14 years	4000m	(4K)

See Age divisions and distance below:

<u>Awards</u> will be AAU awards for the $1^{st} - 3^{rd}$ Medals for each age division.

Location: Holloway Park, 2402 Holloway Drive, Lakeland, Florida 33812

Races times:

9:20 Girls AAU 9-13yrs 9:40 Boys AAU 9-13yrs 10:00 7-8yrs 2K 10:20 6 and under 1K

Registration is \$10.00 online at www.CoachO.com. Look for Jim Ryun Opener in the Calendar Section.

Parking is \$5 parking except for team buses

Event Organization: Global Track & Field Association

Meet Contact ~ Jacques Raphael, <u>www.stone480@aol.com</u>, 352-895-6396

This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.

• All participants must have a current AAU membership.

AAU membership must be obtained before the competition begins except where the event operator has a laptop
available with an Internet connection.

• BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

• Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.

[•] AAU membership may not be included as part of the entry fee to the event.