

3rd Annual - Holiday Handsprings to Help Others

Sunday, December 28, 2014

Hosted by RAYG Gymnastics - Lowell, MI



AGE GROUPS: 18 and under

LEVELS: Level 2, 3, 4 and all Xcel levels

MEET LOCATION: 300 High St, Lowell, MI, 49331 (small gym)

ENTRY FEE: \$50.00 individuals, \$40 teams. Each gymnast please bring a few items to donate to our local food pantry.

ENTRY DEADLINE: Rosters, t-shirt sizes and entry fees are due Friday, December 5, 2014. Late registrations add \$5.00 and are not guaranteed a t-shirt.

AWARDS: 1st-3rd medals, 4th-8th ribbons for each event. 1st-8th medals for AA.

FORMAT: Warm up, compete, rotate, repeat.

RULES: Tournament will follow current AAU Rules

ENTRY FEES PAYABLE TO: RAYG Gymnastics, P.O. Box 87, Lowell MI 49331

This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership

FOR MORE INFORMATION:

Michele DeHaan

616-318-4747

RAYG.gymnastics@att.net