

Eagles Wings Track Club Invitational  
June 25, 2016 Track & Field Meet

Date: Saturday, June 25, 2016

Location: Scotlandville High, Baton Rouge, Louisiana  
9870 Scotland Avenue Baton Rouge, Louisiana 70807

Time: Field 9:00am, Running 8:30am

This meet is sanctioned by the Southern AAU District. Each athlete must have a 2016 AAU membership card to compete.

Entry Fee: \$10.00 per Participant (Absolutely No Refunds)

Entry Procedure: Registration can be done online at [www.coacho.com](http://www.coacho.com). Entry fees are due at the time of registration with a Master Card or Visa Card. Entries will not be processed if not paid online.

Entry Deadline: The online registration will close at 10:00 pm on Thursday, June 22, 2016.

8-u, 9's, 10's, 11's & 12's Divisions may compete in a maximum of 3 events, including relay participation. 13's, 14's, 15-16 and 17-18 may compete in a maximum of 4 events, including relay participation.

**PROOF OF AGE WILL BE REQUIRED IF CHALLENGED**

All participants are required to bring a copy of their birth certificate. All participants are required to have a 2016 AAU membership card. To purchase an AAU Membership card, please contact Norma Tregle at 1-800-AAU-4USA or register online at

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection.

**Be Prepared:** Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.

Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership

Admission: \$7 for Adults /\$4 for Children under 10. (Athletes must wear uniform to get in to meet free)

Meet Director: James Trotter

Eagles Wings Track Club

Cell 225-276-2577

Cell 225-620-4635

Running Events: Athletes will report to Clerk of Course for check-in. (Clerk of Course may reheat as required to reduce required heats.)

Field Events: Athletes will report to event for check-in.

Rules: The meet will be conducted under the AAU Youth Athletics Rules for Track and Field and the competitive rules of the National Governing Body.

Awards: Medals will be awarded to the top-three finishers in each event. No awards will be mailed out after the meet.

Packet Pick-up: Packets for teams and unattached participants may be picked up beginning at 7:30 am at the entrance to the stadium.

Saturday, June 25, 2016

**RUNNING EVENTS 8:30 AM**

(36") 400 Meter Hurdles 15-16 and 17-18 Boys  
(30") 400 Meter Hurdles 15-16 and 17-18 Girls  
(30") 200 Meter Hurdles 13-14 Girls and Boys  
3000m Run 11's thru 17-18's G/B  
3200 Meter Relay 11-12 thru 17-18 G/B  
1500m/3000m Racewalk - 9 thru 17-18 G/B  
(39") 110m Hurdles 15-16 and 17-18 Boys  
(33") 100m Hurdles 13-14 Boys and 15-16/17-18 Girls  
(30") 100m Hurdles 13-14 Girls  
(30") 80m Hurdles 11 and 12 G/B  
50m Dash 8- Under G/B  
100m Dash All Divisions (Youngest to Oldest)  
800m Run All Divisions (Youngest to Oldest)  
4x100m Relay 8-u thru 17-18 G/B  
400m Dash All Divisions (Youngest to Oldest)  
200m Dash All Divisions (Youngest to Oldest)  
1500m Run 8-u thru 17-18 G/B  
4x400m Relay 9-10 thru 17-18 G/B

**FIELD EVENTS 9:00 AM**

9:00AM Javelin Oldest to Youngest  
Followed by: Discus Youngest to Oldest  
11:00 AM Turbo Javelin 8-u, 9, 10, 11 and 12's  
12:00PM Shot Put All Div. (Youngest to Oldest)  
9:00AM Long Jump All Div. (Youngest to Oldest, Boys/Girls)  
9:00AM High Jump (Oldest to Youngest, Boys/Girls)  
Triple Jump will follow completion of the Long Jump  
Oldest to Youngest

This schedule is subject to change without notice, depending upon the number of entries received. Some events may have combined age groups.

\*All running events are TIMED FINALS. \*\*All Jumps & Throws: (4 THROWS/JUMPS ONLY!)