

## ***513 ELITE INVITATIONAL***

**SATURDAY, MAY 21, 2016**



**at**  
**Mount Healthy High School**  
**8101 Hamilton Ave**  
**CINCINNATI, OHIO 45231**

**DATE:** May 21, 2016

**HOST:** 513 ELITE TRACK CLUB  
[ELITE513TRACK@YAHOO.COM](mailto:ELITE513TRACK@YAHOO.COM)

**ENTRY DEADLINE:** May 18, 2016 @ 11:59 a.m. on CoachO.com

**FEE:** \$15.00

**AGE:** 5 to 19 years old as of 12/31/16

**TIME:** **09:30AM. - Gate Will Open at 08:30 a.m.**

**ORDER OF EVENTS:** **SEE EVENT LIST PAGE BELOW:**  
**(Please print off waiver forms and bring to the meet)**

Field Events: 09:30 a.m., Running Events 10:00 a.m.

- This event is Licensed by the Amateur Athletic Union of the U.S. Inc.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

**FOR MORE INFORMATION:**  
**Contact : Kim Newman (513) 850-1053**  
[Elite513track@yahoo.com](mailto:Elite513track@yahoo.com)

**Age Group and Events all Events Boys and Girls**  
**(4) Events Maximum for ages 13 and above**

### **(3) Events Maximum for ages 12 and below**

**Online Registrations Only at CoachO.com by May 13, 2015**

**PEE WEE: 5 & 6 YRS. (2010-2009)**

100M, 200M, 400M, LJ, SP

**7 & 8 YRS. (2008-2007)**

100M, 200M, 400M, 800M, LJ, SP, 4 x 100 RELAY

**9 & 10 YRS. (2006-2005)**

100M, 200M, 400M, 800M, 1500M, HJ, LJ, SP, 4 X 100 RELAY, 4 X 400 RELAY

**11 & 12 YRS. (2004-2003)**

100M, 200M, 400M, 800M, 1500M, 80M HURDLES, HJ, LJ, SP, DISCUS, 4 X 100 RELAY, 4 X 400 RELAY

**13 & 14 YRS. (2002-2001)**

100M, 200M, 400M, 800M, 1500M, 100M HURDLES, HJ, LJ, SP, DISCUS, 4 X 100 RELAY, 4 X 400 RELAY

**HIGH SCHOOL: 15 – 18 YRS. (1998-2000)**

100M, 200M, 400M, 800M, 1500M, 110M HURDLES, HJ, LJ, SP, DISCUS, 4 X 100 RELAY, 4 X 400 RELAY

**AWARDS:**                   **MEDALS 1<sup>st</sup> Thru 3<sup>RD</sup> PLACE**  
                                  **RIBBONS 4<sup>th</sup> Thru 6<sup>th</sup> PLACE**

ONLINE REGISTRATION: [www.coacho.com](http://www.coacho.com)

FURTHER INFO CONTACT: **COACH KIM NEWMAN**

**513 Elite Invitational ORDER OF EVENTS**

**FIELD EVENTS** Start at 09:30 a.m.

All events are on a rolling schedule after the initial start time.

Long Jump

High Jump

Shot Put

Discus

**ALL RUNNING EVENTS** Start at 10:00 a.m.

All events are on a rolling schedule after the initial start time.

80/100/110m Hurdles                      ages 11/12 – ages 18/19

100m Dash (Prelims)                      ages 5/6 – ages 18/19

1500m Run                                      ages 9/10– ages 18/19

100m Dash(Finals)                      ages 5/6 – ages 18/19

4 x 100m Relay                              ages under/8 – ages 18/19

400m Dash                                      ages 5/6 – ages 18/19

800m Run                                      ages under/8 – ages 18/19

200m Dash                                      ages 5/6 – ages 18/19

4 x 400m Relay                              ages 9/10 – ages 18/19

NOTE: All races will be timed finals except the 100m dash. Remind your athletes to run their best times.

Please enter seed times for 200M and 400M dash

# OHIO AAU TRACK & FIELD AND 513 ELITE TRACK CLUB

## RELEASE, ASSUMPTION OF RISK AND INDEMNIFICATION AGREEMENT

Please read carefully, sign, and return this Release, Assumption of Risk and Indemnification Agreement (the "Release") to \_\_\_\_\_. ALL participants MUST read and sign the Release prior to participation.

Name: \_\_\_\_\_  
Last First Middle

Address; \_\_\_\_\_  
No. Street City State Zip

I acknowledge that any travel, event, or program may involve the risk of personal injury and/or property damage or loss. By my signature below, I hereby acknowledge these risks, voluntarily accept all such risks, and request for myself (or the above-named person if a minor) permission to participate in the travel, event, or program sponsored by Ohio AAU Track & Field, 513 ELITE Track Club and Mount healthy Public Schools during the period May 16, 2015 through August, 2015 including travel outside of the United States and including full participation in all program-related activities.

In signing this Release, I agree that in exchange for my participation in an Ohio AAU Track & Field event/program, that I knowingly waive all claims and causes of action which may arise out of participation in such event and programs. For myself, and my heirs, executors, administrators and assigns, I release and agree to indemnify and hold harmless Ohio AAU Track & Field, and each of its respective Boards, officers, employees, sponsors, organizers, other aides and assistants, and any other persons relating to such events, from all liability or responsibility for any damage, injury, or loss of any kind whatsoever which I may ever have against said persons or entities and which injury, damage, or loss is caused by the participant's or any third-party's negligence, breach of contract, strict liability or otherwise, including the participant's decision at any time without notice to terminate participation in and depart from the program.

I further acknowledge that I have (or the above-named person if a minor has) no physical limitation, conditions or disabilities of any kind whatsoever that would unreasonably increase the participant's personal risk or inhibit the participant's ability to participate in all such travel, events, and programs.

I expressly acknowledge that this Release, Assumption of Risk and Indemnification Agreement is intended to be as broad and inclusive as permitted by laws of the State of Ohio, and that if any portion thereof is held invalid, it is my intention that the balance shall, notwithstanding, continue in full legal force and effect, that the terms of the Release are contractual and not a mere recital.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent (if child is a minor) \_\_\_\_\_ Date \_\_\_\_\_

