

AAU KARATE ²⁰/₁₄ FLORIDA



DISTRICT CHAMPIONSHIPS - GOLD



SATURDAY, APRIL 12, 2014

Boynton Beach Community High School* 4975 Park Ridge Rd.* Boynton Beach, FL 33426

Dear Florida Athletes / Coaches / Referees / Volunteers:

We would like to personally invite you to attend the 2014 AAU Karate Florida District Championships-Gold, scheduled for Saturday, April 12th, at Boynton Beach Community High School in Boynton Beach, Florida.

Participation will present a great opportunity for Athletes to gain experience and prepare for advanced competition in AAU Regional and National level events. As an official qualifier, the top 16 Athletes in each division will qualify here for the 2014 AAU Karate Super Regional Championships and National Qualifier scheduled for Saturday, May 17th, also hosted in Ft. Pierce, Florida.

Thank you for your continued support of the AAU District, Regional and National Programs! Go Florida!

Respectfully,

Mark Pinner, Florida AAU Karate Chairman * Doug Stein, Florida Gold AAU Karate Chairman * Dave Roth, AAU Region 4 Director

Fees:

Athletes: \$55.00 For 1 Event * \$10 For Each Additional Event!
Coaches: \$25.00 * FREE with 2014 AAU Karate Florida License!
Spectators: \$5.00 Ticket Reserved On-Line * Age 7 & Under FREE!
\$8.00 Ticket Purchased at Door * Age 7 & Under FREE!

Athlete Awards:

Custom Medals 1st, 2nd & 3rd Place * Every Athlete will receive an award!

Point Standings:

AAU Karate Florida Athletes earn points at each of the 5 official 2014 Florida AAU Karate Tournaments!

01/25-26/2014 Kick-Off Tournament, Orlando, Florida
02/22/2014 District Championships-East, Ft. Pierce, Florida
03/15/2014 District Championships-West, Spring Hill, Florida
04/12/2014 District Championships-Gold, Palm Beach, Florida
05/17/2014 Super Regional Championships, Ft. Pierce, Florida

Points will be awarded per Athlete Division (See Below) and posted at www.tkaf1.com!

1st Place: 30 Points * 2nd Place: 20 Points * 3rd Place: 10 Points * Participant: 5 Points
(2014 Athlete of the Year Awards will be presented to Athletes with the highest accumulative points in each Division)

Schedule:

Wednesday, 04/02/2014

5:00 p.m. On-Line Registration/Ticket Sales Opens (See Page 2 "To Participate")
(You must register by Monday, 04/07/2014 to appear on the official Event T-Shirt!)

Saturday, 04/12/2014

7:00 a.m. On-Line Registration/Ticket Sales/Form Revisions Closes
7:00 a.m. - 8:00 a.m. Referee/Coach/Volunteer Check-In (Submit your Registration Form, Attachments, Fees - Receive Credential, Pass, Tickets)
Adult/Senior (Age 19-75) Athlete Check-In (Submit your Registration Form, Attachments, Fees - Receive Credential, Pass, Tickets)
8:00 a.m. - 9:00 a.m. Youth (Ages 5-18) Athlete Check-In (Submit your Registration Form, Attachments, Fees - Receive Credential, Pass, Tickets)
8:30 a.m. - 9:00 a.m. Referee/Coach/Volunteer Clinics
9:00 a.m. Opening Ceremonies
9:30 a.m. Adult/Senior (Age 19-75) Divisions (Starting with Advanced)
10:00 a.m. Youth (Age 5-18) Divisions (Starting with Youngest)

Event Directors:

* Dave Coburn (561) 215-7048 * senseidavecoburn@comcast.net
* Kelly Page (561) 719-8504 * senseikellypage@aol.com



Security services for this event are sponsored by Frost Security Group!

www.frost-security-group.org



2014 AAU KARATE FLORIDA DISTRICT CHAMPIONSHIPS - GOLD

Categories:

- Athlete Divisions: Gender: Male * Female
Age: Your Age is determined by your Age as of July 1, 2014!
Youth: Ages 5-6, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18
Adult: Ages 19-34
Senior: Ages 35-75
Experience: Your experience and belt color are determined by your years of karate training:
Beginner: Less than 1 year/White Belt
Novice: 1 year but less than 2 years/Green Belt
Intermediate: 2 years but less than 4 years/Brown Belt
Advanced: 4 years or more/Black Belt
Note: Divisions may be combined or divided at the discretion of the Event Directors!
- Non-Athlete Clinics: Referee (Ages 13 +) * Coach (Ages 13 +) * Volunteer (Ages 13+)
- Both: Participants may register for both Athlete Divisions and Non-Athlete Clinics if desired.
Referees will be dismissed from their Ring Assignments in time to prepare for their Divisions!

Officials/Rules:

This event will be officiated under the direction of licensed AAU Karate Referees and Judges applying AAU Karate Rules fairly and impartially with emphasis/modification in the following areas:

(Go to www.aaukarate.org for a complete copy of AAU Karate Rules)

- Kobudo: Traditional Okinawan weapons of proper weight and design, long and Short weapons combined
(Bo, Tonfa, Eku, Nunchaku, Sai & Kama)
- Kata: Traditional Katas from recognized styles of Karate, all styles combined
- Kumite: Sanbon: 2 minutes or 3 points, half and full point scoring, all weights combined
- Safety Equipment: Mandatory: AAU approved white naugahyde mitts, gum shield, groin cup *(Males)*
AAU approved white headgear with face-shield *(Youth)*
Optional: AAU approved white headgear with face-shield *(Adults)*, white cloth shin pads *(Adult)*,
White cloth shin/instep pads *(Youth)*, chest protector *(Females)*

Dress Code:

- Athlete: Clean white traditional uniform *(No rolled sleeves/cuffs, trademarks, embroidery logos, piping, or stripes)*
AAU Patch *(Available at Clinic \$5.00 each)* on left chest of uniform
Correctly colored belt for competition based on your years of karate training *(See "Athlete Divisions" below)*
Long hair should be neatly gathered with discreet elastic bands *(No metal clips)*,
Finger/toe nails should be short and neatly trimmed
(No jewelry/earrings, hats, caps, headbands, and/or sweatbands)
- Coach: Red/Blue AAU Coaches Shirt *(Blue shirts are available at Clinic \$25.00 each)*, white uniform pants, athletic shoes
(Note: Red shirts signify that you were certified at the National Championships as a Technical Coach and are exclusively distributed by the AAU National Coaches Committee. If you are wearing a red shirt, please have your current AAU National Coaches License available if challenged)
- Referee: AAU Tie *(Available at Clinic \$20.00 each)*, white shirt, gray pants, black belt/socks/shoes *(Blue Blazer optional)*
- Volunteer: 2014 AAU Karate Florida Volunteer T-Shirt *(Receive at Clinic)*

To Participate:

1. Once Per Lifetime: Create your Page at www.tkaf.com:

The exclusive website for Florida AAU Karate Members, receive event information, register on-line, and monitor your results and point standings for Florida Athlete of the Year Awards all from your TKA Page. Don't wait! Create your TKA Page today and receive important event updates and reminder e-mails!

New Members: Select "Create My Page" * Existing Members: Log In *(Please do not create additional / new pages!)*

2. Once Per Year (Due annually in September) : Purchase your AAU Membership at www.aausports.org:

If you are participating as BOTH an Athlete and a Non-Athlete (Referee/Coach/Volunteer) you will need to purchase BOTH Memberships!

Athletes:

Select "Join AAU", select "Athlete Membership" and follow instructions
(Indicate "Sport: Karate" and "Membership Term/Category: Extended Coverage Membership: Youth: \$16.00 / Adult: \$29.00")

Non-Athletes (Referees / Coaches / Volunteers):

Select "Join AAU", select "Non-Athlete Membership" and follow instructions
(Indicate "Sport: Karate" and "Membership Term/Category: Extended Coverage Membership: \$18.00")

3. Per Event: Register from your Page at www.tkaf.com:

a. Register and create your Registration Form during the time specified for "On-Line Registration" (Opens approximately 10 days prior to each event):

Under "New Events" select the link for this event. Scroll down to the section "On-Line Registration" and select the link "Register/Order Tickets Now!". Select "Athlete/Non-Athlete/Tickets" to open your available options *(Determined from your TKA Page Profile)*. If your options are not correct, do not submit! Return to your Page and update your Profile! If/when your options are correct, select "Divisions/Clinics/Tickets", "Waiver/Release" and submit.

b. Revise your Registration Form if necessary during the time specified for "Form Revisions" (Closes at 7:00 AM on the morning of the event):

Under "Current Event Registration" select the link for this event. Scroll down to the section "Form Revisions" and select the link "Cancel Form". This will also unlock your TKA Page Profile for updates. To update your TKA Page Profile: Select the link "My Page", scroll down to "Page Profile", select the appropriate link above each section, update and submit. Re-register and print the new Form version. *(See "a." above)*

c. Print a copy of your Registration Form on plain white paper and prepare for Check-In by following instructions EXACTLY as specified on your Form:

If you made revisions to your Form after registering, please destroy any previous versions if printed. You MUST Check-In with a copy of the most recent version of your Form AND your Form must be 100% correct as printed. If we have to print and/or make revisions to your Form on-site then additional fees and up to 30 minutes additional wait time will apply.

d. Attend Check-In during the time specified on your Registration Form:

Submit your Registration Form and attachments as applicable and receive your Credential/Pass/Tickets

Hotel Information

Date: 04/12/2014

Event: 2014 AAU Karate Florida District Championships - Gold

Did you use Hotel accommodations or this Event?

☐ No (If "No" please disregard - No Form is necessary)

☐ Yes (If "Yes" please complete this Form and submit at Check-In)

Where did you stay? Please indicate your Hotel below: (One Form per reservation/family/group is sufficient)

☐ Approved Hotel:

Hampton Inn & Suites - Boynton Beach

1475 W. Gateway Blvd. * Boynton Beach, FL 33426

(561) 369-0018 * Reference: "AAU Karate"

Rate: \$119.00 Standard Suite

2 Double Beds OR 1 King Bed/Sofa Bed

Rate: \$139.00 King Suite

1 King Bed/Sofa Bed

Free Buffet Breakfast, Iron, Coffee Maker, Blow Dryer,
Refrigerator, Microwave, Hi-Speed Internet Access

Name of Reservation: _____
(Last Name, First Name)

Number of Rooms: _____

Number of Room Nights: _____

☐ Approved Hotel:

Courtyard Marriott - Boynton Beach

1601 N. Congress Ave. * Boynton Beach, FL 33426

(561) 853-1014 * Reference: "AAU Karate"

Rate: \$109.00 Standard Suite

2 Queen Beds OR 1 King Bed/Sofa Bed

Rate: \$229.00 2 Bedroom Villa

1 King Bed Bedroom 1/ 1 Queen Bed Bedroom 2
Living Room, Kitchen, 2 Bathrooms

No Free Breakfast, Iron, Coffee Maker, Hair Dryer, Mini-
Refrigerator (Some Rooms), Hi-Speed Internet Access

Name of Reservation: _____
(Last Name, First Name)

Number of Rooms: _____

Number of Room Nights: _____

☐ Approved Hotel:

The Inn at Boynton Beach

480 W. Boynton Beach Blvd. * Boynton Beach, FL 33425

(561) 734-9100 * Reference: "AAU Karate"

Rate: \$79.95 Standard

2 Double Beds

Free Hot Breakfast, Iron, Coffee Maker, Hi-Speed Internet

Name of Reservation: _____
(Last Name, First Name)

Number of Rooms: _____

Number of Room Nights: _____

☐ Approved Hotel:

Comfort Inn & Suites

1221 Hypoluxo Rd. * Latana, FL 33462

(561) 582-7878* Reference: "AAU Karate"

Rate: \$84.99 Standard

2 Queen Beds OR 1 King Bed/Sofa Bed

Free Hot Breakfast, Refrigerator, Microwave, Iron, Coffee
Maker, Hi-Speed Internet Access,

Name of Reservation: _____
(Last Name, First Name)

Number of Rooms: _____

Number of Room Nights: _____

☐ Other Hotel:

Hotel Name: _____ Address: _____
(Street, City)

Name of Reservation: _____ Rate:\$ _____ # Rooms: _____ # Room Nights: _____
(Last Name, First Name)

Why didn't you select an approved Hotel? : _____

Please note the following information as required by AAU to appear on this flyer:

- * This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- * All participants must have a current AAU membership.
- * AAU membership may not be included as part of the entry fees for this event.
- * All Participants must visit the AAU web site at www.aausports.org to obtain/purchase their AAU Memberships.
- * AAU Youth Athlete memberships must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. OUR LAPTOPS/INTERNET SERVICE IS NOT AVAILABLE FOR PARTICIPANT USE!
- * Be Prepared: Adult and Non Athlete memberships are no longer instant and can no applied for at the event. Please allow up to 10 days for processing!

Thank you!