

JUNE 24, 2017

LAGO VISTA HIGH SCHOOL 5185 LOHAMN FORD ROAD LAGO VISTA, TX 78645

Registration: 7:00am \$5 per athlete and \$5/spectators

**Uniformed Coaches Free up to 4** 

Go to CoachO.com to register athletes; registration ends 06/22/17 @ 11:59pm

Awards: Medals will be given to top 3 finishers of each division

Coaches meeting will start at 7:30 am. All Events on a Rolling Schedule

#### Field events start at 8:00am

2016 AGE DIVISIONS

Long JumpAll Division8 & Under 2009 & After (Primary)Triple JumpYouth & Up10 & Under 2007-2008 (Bantam)DiscussYouth & Up12 & Under 2005-2004 (Midget)Shot PutAll Division14 & Under 2003-2004 (Youth)

High Jump Bantam & Up 16 & Under 2001-2002 (Intermediate)

18 & Under 1999-2000 (Young Men/ Women)

## 3000m Run Starts at 8:30am

# Midget & Up

# Running Events start at 10:00am (All Events on a Rolling Schedule)

4 x 100 RelayAll Divisions4 x 100 RelayCoaches Relay800m DashAll Divisions80m HurdlesMidget

100m Hurdles Youth & Up (Girls 30"/Boys 33")
100m Hurdles Intermediate & Young Women 33"
110m Hurdles Intermediate & Young Men 39"

50m Dash Munchkins 5 and under

100m DashAll Divisions400m DashAll Divisions

400m Hurdles Intermediate & Young Women 30"/Men 36"

200m HurdlesYouth G/B 30"200m DashAll Divisions1500mAll Divisions4 x 400 RelayAll Divisions

## **CONCESSIONS WILL BE AVAILABLE**

This event is licensed by the Amateur Athletic Union of the U. S., Inc. All participants must have a current AAU membership. AAU membership may not be included as part of the entry fee to the event. AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed. Participants are encouraged to visit the AAU web site <a href="https://www.aausports.org">www.aausports.org</a> to obtain their membership.

For additional information, please contact Coach Katina Walker at 512-779-6790 or at katinaf@hotmail.com.