



AAU COLORADO OPEN JUMP ROPE QUALIFYING TOURNAMENT

- Where:** Chatfield Senior High School
7227 S. Simms St.
Littleton, CO 80127
- When:** Saturday, May 5th, 2018 from 8:00 a.m. to 5:00 p.m.
- Hosted by:** Claim Jumpers
- Who Should Come?** Anyone interested in competition Jump Rope for fun. The top 10 participants in each age-group and event, and the top 3 Group Routines teams in each age division, qualify to compete at the 2018 AAU Junior Olympic Games in Des Moines, IA.
- Events:** Individual – A Triple Crown event consisting of Speed (60 secs), Power (60 secs) and Freestyle to music (60-75 secs)
Pairs – A Triple Crown event consisting of Pairs Speed (2x30 secs), Pairs Power (2x30 secs) and Pairs Freestyle to music (60-75 secs)
Double Dutch Single – A Triple Crown event (group of 3 athletes) consisting of DD Single Speed (60 secs), DD Single Power (60 secs), DD Single Freestyle to music 60-75 secs)
Double Dutch Pairs – A Triple Crown event (group of 4 athletes) consisting of DD Pairs Speed (4x30 secs), DD Pairs Power (2x30), and DD Pairs Freestyle to music (60-75 secs)
4-Person Single Rope Freestyle choreographed to music (60-75 sec)
Timed Triple Unders for 60 seconds
Junior and Senior Group Routine choreographed to music (2 to 4 minutes). 8 – 24-person event.
- Age-groups:** Individual Females: 8 and under, 9, 10, 11, 12, 13, 14, 15-16, 17-18, 19-22.
Individual Males: 8 and under, 9-10, 11-12, 13-14, 15-16, 17-18, 19-22.
Mixed or same gender in all other events:
Pairs: 8 and under, 9-10, 11-12, 13-14, 15-17, 18-22.
Double Dutch: 12 and under, 13-14, 15-17, 18-22.
Timed Triple Unders: 15-17 and 18-22
Group Routines and 4-Person Single Rope Freestyle: 14 and under and 15-22
Age is determined by the competitor's age on June 15, 2018.
In multi-person events, age is determined by the age of the oldest competitor in the event.
- Awards:** Gold, Silver and Bronze for All Around winners in each event and age-group.
1st – 6th place ribbons for component events.
- Cost:** \$40 registration fee
- Rules:** 2018 AAU competition rules will apply. A copy of the 2018 AAU Jump Rope Rulebook (Handbook) can be downloaded from the web at www.aaujump rope.org.
- Officials:** Please note that for AAU Jump Rope Competition, one official must be provided for every 4 athletes competing from a team.
- To Register:** Entry Forms may be obtained from Robin Anderson, robin@markerman.com, 720-226-2053 or generic forms are posted on-line at www.aaujump rope.org
- Deadline:** April 7th, 2018 (Late fee \$10 for all late registrations)
- Spectators:** Spectators are welcome at no charge
- Concessions:** Food will be available for purchase at the competition.

NOTES:

- This event is sanctioned by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition.
- BE PREPARED: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at the event. Please allow up to 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.