

Goju Shorei Self Defense with Everyday Items Friday October 21 7:00 – 8:00 p.m. Kirkwood Community Center Clinic Cost \$20

Very special guest clinician Grand Master Kathy Wieczerza

Soke Dave McNeil, the developer and Grand Master of Goju Shorei Systems has bestowed upon GM 'Wiz' the title of Director of Goju Shorei Weapons and has empowered her with the responsibility of revamping the system.

As part of this revamping, GM Wiz has designed a system called 'Goju Shorei Self Defense with Everyday Items'. This clinic will be an introduction to this new concept of self-defense.

• This event is licensed by the Amateur Athletic Union of the U.S., Inc.

- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.

- Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- Participants are encouraged to visit the AAU website <u>www.aausports.org</u> to obtain their membership.